

A SPECIAL THANKS

FRISKY'S GOLD SPONSORS

Scott Robbins

John S. Curtin, CPA

john@curtin CPA.com

www.curtin CPA.com

Heather A. Wandell, CLL

www.anotherwaytoseeit.com

Francine and Ron Diggs

The Tucker-Diggs Foundation

Wal-Mart (Eldersburg, MD)

www.walmart.com

Matt and Joyce Dietsch

Tall Pines Forest Products Inc.

Joseph and Nancy Riley

David and Pamela McKusick

Gail Becker & Carol Carty

In Loving Memory of June Becker

Simian Society of America Ch. 13

Wal-Mart

Ellicott City, MD

Live Your Life On Purpose

www.OnPurposeNow.com

Wal-Mart Store #3720

Arbutus, MD

Frederick Standiford

Wal-Mart Store #2279

www.walmart.com

Wal-Mart Store #1875

www.walmart.com

Allied Quick Print

www.alliedquickprint.com

Maryland's Best Sheds

www.bestsheds.com

FRISKY'S SILVER SPONSORS

Lynn Smith

Cheryl Russo

Patricia Carey

Brad Taylor

Joseph and Paula Jagemann

Murzy Jhabvala

Terri Costello

Want to find out more
information about becoming
a gold or silver sponsor?
www.friskys.org

www.friskys.org

FRISKY'S IS NOT FEDERALLY FUNDED.

Thank you for your support!

Phone (410) 418-8899

10790 Old Frederick Road - Rt 99 - Woodstock MD 21163

Gives a Second Chance at Life...

FRISKY'S WILDLIFE & PRIMATE SANCTUARY, INC.
Helping Mother Earth's Creatures

NONPROFIT ORG.
U.S. POSTAGE
PAID
PERMIT #80
WOODSTOCK, MD

SAVING THE LIVES OF WILDLIFE AND PRIMATES SINCE 1970

THE RESCUE RECORD

FRISKY'S WILDLIFE & PRIMATE SANCTUARY

Issue 8 • AUGUST 2009

IN THIS ISSUE

FRONT PAGE

THE REUNION

by Marjorie Clemens

PAGE 2

FRISKY'S NEWS, NEEDS & FACTS

by Colleen Layton-Robbins

PAGE 3

REFLECTIONS:

**WHAT I'VE LEARNED FROM
LIVING WITH MONKEYS**

PRIMATE PROFILE WITH COCO

**REMEMBERING SCOTTY JR.
REST IN PEACE**

PAGE 4

BEAUTY & GRACE

by Joyce Dietsch

PAGE 5

MONKEY BUSINESS

Better Business Practices Learned

Through Monkeys • Metaphors

by Heather Wandell

PAGE 6 & 7

**HAVING A GOOD TIME
AT FRISKY'S**

PAGE 8

**FRIENDS "ON PURPOSE"
RAISE FUNDS FOR FRISKY'S**

PAGE 9

YARD SALE HERO

**WHAT FRISKY'S HAS
TAUGHT ME** by Micah Miles

PAGE 10

THANK YOU BRETT!

ANGEL WING

by Pattie Bontz

PAGE 11

**CHARITY CAMPAIGN INFO
THANK YOU SUPPORTERS**

PAGE 12

A SPECIAL THANKS

to our fantastic gold and silver sponsors
without whom, Frisky's might not exist.



Photo by Frisky's

THE REUNION

By Marjorie Clemens • August 2009

As I drove slowly up Frisky's long driveway, I could only focus on one question: would they still remember me? It was my first time returning to Frisky's in three years, my first real visit since I went away to college. Five years ago, as a high school student, Frisky's was a large part of my life. I was a dedicated volunteer and advocate, a junior board member, and a friend of director, Colleen Layton. But, three years without even a phone call or cursory visit seemed like a very long time to expect old ties to last.

It may seem odd, but I was not worried about Colleen's reception. I knew that she, the one who has soldiered on at Frisky's for over thirty years, was a veteran of volunteer abandonment. Her enthusiastic welcome and re-induction into the Frisky's family was expected, but nonetheless greatly appreciated and thoroughly undeserved.

In truth, I was most frightened that I had been forgotten by my special friends, Johnny and Yoo. Johnny and Yoo are two Weeper Capuchin monkeys that have found a home at Frisky's. In my perhaps biased opinion they are the sweetest and most adorable residents of the sanctuary. In high school, I spent hours interacting with both of them: playing, chattering, grooming. What I remembered most, however, was how happy and excited they always were when they first saw that I had come to visit. I dreaded finding out that after three years, I had lost that heart-touching reaction.

As it turned out, monkeys have long memories and apparently no room for resent-

ment in their little hearts. The moment I was recognized I was greeted with a chorus of happy squeals and hoots. There was dancing (on both sides of the fence) and excited eyebrow movements. Johnny threw himself flat on the ground, in order that I might be able to stroke him better. And Yoo hugged me as close as the fencing would allow while giving me kisses and chirping excitedly in my ear.

My first emotion was relief that I had not lost the affection of my babies. But then the guilt started to creep in. If they were able to recognize me did that also mean they noticed and were hurt by my absence? As a biologist, I know the subject of animal "emotions" is controversial. Some might say I am giving the Capuchins too much credit to imagine they experience friendship, love, or longing for another individual. While I don't think monkeys experience emotions in exactly the same way or with the same complexity as humans, it seems impossible to me that Yoo's hugs could be described without acknowledging that she must be feeling something.

And that is why I believe the work at Frisky's is so important. The mind of a primate may be simple compared to a human, but that does not mean that they cannot feel emotional or psychological pain. Many of the residents at Frisky's have already been abandoned, abused, or neglected. Frisky's is a safe haven where workers are committed to providing the best living environment possible. And, it is this belief that has brought me back to my friends.

Visit us online at
www.friskys.org

FRISKY'S - NEWS, NEEDS & FACTS

Here are the news, needs and facts for Summer 2009 by Founder Colleen Layton-Robbins:

First, thank you to Tallpines Forest Products, Inc. for covering the cost of our newsletter. But, it is my fault for the lateness, dealing with the time restraints in writing my part.

Okay, we all joke – Grandma Frisky “alias” Colleen ... is 55 years old and can still run 55 mph all day, everyday, providing welfare between all the animals and monkeys - not to mention the never ending phone calls and incoming rescues.

“LOVE HARD - WORK HARD - CARE HARD”

All commotion brings out our emotions. Oh thank you Lord, for the responsible volunteers and directors that I can delegate responsibilities to. The apprentices and staff always share what they can in time and supplies, but there is and always will be a variety list of needs:

- Exam gloves (all sizes)
- Sheets & blankets (new & used)
- Paper towels
- Towels & washcloths (new & used)
- Clorox wipes
- Batteries (all sizes)
- Baby wipes
- Flashlights
- Antibacterial soap
- Step ladders
- Triple Antibiotic
- Bungee cords
- Simple Green
- Trash bags (all sizes)
- Tide with bleach
- Scrub brushes (all kinds)
- Parasite control products
- lice, mite, flea & tick spray or powder
- Small pet and reptile dishes (Ironstone)
- Animal water drip bottles
- Cat & dog food - canned or dry
- Exotic bird food & nuts - all kinds
- Timothy hay



- (1) All enclosures - animal and primate
- (2) Surveillance system from VHS to DVD
- (3) Our parking lot and driveway.
- (4) An SUV vehicle so we can pick up and take our animals safely. “Old pick-up truck” is giving up and costing gas.
- (5) Someone to run new duct work in one of our primate houses.

Last but certainly not least, we always need financial support and remember all donations are tax deductible - Note: We are an all volunteer - NO-paid staff.

“FRISKY'S FUNDRAISER - LIKE A SUCCESSFUL FAMILY REUNION”

Thank you for not forgetting Frisky's Annual Fundraiser Garage/Yard Sale. Janet Styles was our busiest Director. She managed the volunteers, sorting, pricing, and most importantly, setting it all up in appropriate areas.

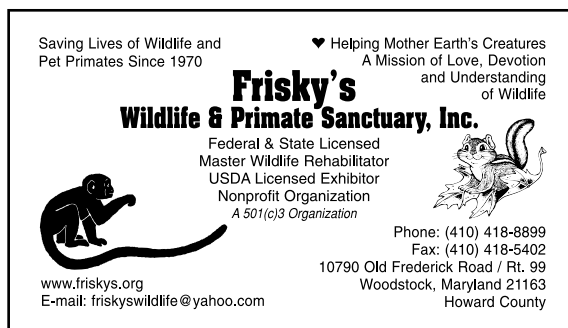
The people who donated such great items, from jewelry to antiques and everything in between were very generous this year! Thank you! The people who came, bought, and donated, made the raised funds of \$7,100. We hope to see you all again with new friends next April. It was really wonderful to see you all again.

Also, I want to thank some special anonymous givers: 7/20/09 - someone gave \$632, and also, someone else gave 20 small trees and shrubs in June. Thank you.

“FRISKY'S VISION WAS TO ...”

create a Wildlife Sanctuary to assist the orphaned, injured or displaced little animals and birds - exotic or wild - and give them a real second chance

to live out their lives. Frisky's needs and welcomes your assistance and support. Ever notice Frisky's business card? It is the busiest business card you will ever see. What you don't see is any person's name, because, as the founder of Frisky's - I believe we are a Team. We can't do this without you! (Note: Colleen started in 1970 and is still actively working everyday).



“LIFE IS A GIFT - DON'T WASTE IT”

We all have ... the animals too (1) encroaching development, (2) a disgruntled neighbor who moved in after the fact and (3) undependable support. There's God - there is mother and then there are us rehabbers - We just never give up.

Maryland summers sure have the humidity. It seems like a couple weeks ago we were all dealing with freezing weather. One day wind and snow, the next day I was mud-wrestling and dealing with \$1,200 propane heating bills. My husband, Scott, said he couldn't wait for summer. Now that we have all the little birds and animals coming in needing care and nursing, and, most importantly, constant cleaning, he is looking forward to fall and winter.

But everything seems to need replaced or refurbished. So, again, we work, love and cry hard, and take on our challenges. The economy is making it a real hard ride. Yet, with your help we will keep at it - trying to provide the best care possible.

It seems we are always in all ways learning what foods and formulas animals will or will not eat, what bedding is better for each individual species, what diet works best on a stressed or injured animal, to what enrichment works and what will last, not to mention what can be used again. Alright, for instance, different size bird species need different size perching sticks, feeding areas, bedding, and flight enclosures. The same for the bunnies, opossums, squirrels, raccoons, and foxes - bedding and enrichments. By the way, we are always looking for hollow logs for our raccoons and foxes.

The donations to care for several thousand animals annually is always on the rise. We are just a small farm, yet our work and care is huge. My husband and I live here and having wonderful supporting families and Directors helps. It is just not enough. Yet, bills torment us all, don't they? We are glad we live on the Sanctuary grounds. Several of Frisky's Directors went to see “Saving the Gorillas” with Dr. Mike Cranfield. Even with all the information he shared with education I realized animals and primates are fighting to survive with encroaching development by mankind even in third world countries. Heather Wandell, who is one of Frisky's Administrators, also has a website - anotherwaytoseeit.com. I look forward to reading her thoughts too.

Avian care Director Trish Woods is doing a wonderful job providing care to our Exotic birds and putting in heart and soul with her caring work. We have several listed on petfinder.com. If you have species specific experience in Exotic birds and have a spare room in your house - each needs a life time home.

Board member Bonnie Huffman comes at least twice a week, always with donations of care packages and special treats for staff, does many hours a week on data entries and thank you receipts/letters to our supporters. And I just want to say this is only to mention a few. But thank you ALL for being a special part of our team.

Sincerely,
with passion for animals,
Colleen Layton-Robbins



CHARITY CAMPAIGN INFORMATION

Fall is rapidly approaching and that means all workplace Charity Campaigns for Federal, State and City Employees will be starting. Please remember Frisky's when it is time to give to those Campaigns at your work place.

Here are the numbers that you need for your Campaigns. CFC #37712, Maryland Charity Campaign #7150, Combined Charity Campaign (CCC) #7684.

We want to say Thank You in advance for your donations. Frisky's has NO paid employees. EVERY Dollar donated goes directly to animal care. Because all money goes directly to help the animals, no donation is too small.

THANK YOU SUPPORTERS

Some of you are new to Frisky's, but many of you have supported Frisky's in one way or another for over 20 years. Everyone that donates to Frisky's is so generous and we never forget how lucky we are that you chose Frisky's. We can always count on our supporters to come through just at the right time. Frisky's has the best supports around. We would like to take a moment to thank a couple of our supporters in this newsletter.

For over 20 years Allied Quick Print (www.alliedquickprint.com) has been printing our newsletter, calendars, envelopes, business cards, fliers and what ever else that we need printed. Ian and his team do a wonderful job, time after time. They are always quick, efficient, and very reasonable. We want to take this opportunity to tell Allied Quick Print how much we appreciate your years of support.

We would like to Thank Maryland's Best Sheds (www.bestsheds.com). Colleen stopped by their location in the spring to have them come out and give us an estimate on a storage shed. Many of our storage sheds will have to be replaced in the next few years. One of them however, needed to be replaced this spring. They contacted Colleen a few days later and told her that they were replacing the shed as a donation to the Sanctuary. Within a couple weeks, the new shed was delivered and assembled on site. Thank you so much for your generosity.

PRIMATE PHYSICALS

September is Primate Physical Month. If you would like to make a donation towards the Primate Physicals, please let us know that is what you would like your donation to be directed towards. All Primates and Permanent Residents of Frisky's go through full physicals every year. This is by far our greatest yearly one time expense.

SPREAD THE WORD!!

Every time you shop through iGive.com, a portion of the proceeds is donated to Frisky's. Please sign up today.

Check us out on Facebook

As always, you can go to our website and safely donate through paypal!



WHAT CAN I DO?

Frisky's is a 501 (c) 3 Organization. Frisky's DOES NOT receive any county, state or federal funding. Frisky's survives only by public donations. All proceeds and donations go directly to the care and welfare of the animals. Please donate an item from the wishlist, or write us a check! Donations, no matter how small are always needed, and they do make a difference. There is a mailbox / bin in the circular driveway at Frisky's where donations may be dropped off.

DONATION RECORD FRISKY'S WILDLIFE & PRIMATE SANCTUARY, INC.

10790 Old Frederick Road • Rt 99 • Woodstock Maryland 21163

Your donation is 100% Tax Deductible
Retain this receipt for your records.

DATE _____

CASH \$ _____ GOODS \$ _____

CHECK \$ _____ CHECK # _____

(DESCRIPTION OF GOODS)

Thank you for your Support!

DONATION RECORD FRISKY'S WILDLIFE & PRIMATE SANCTUARY, INC.

Please remember to detach this form and leave it with your donation so we can thank you.

10790 Old Frederick Road • Rt 99 • Woodstock, Maryland 21163

DATE _____

YES, You can count on me to help support your efforts to care for the animals of Frisky's!

My check/gift is enclosed. Donations are tax deductible to the fullest extent of the law. Frisky's is a 501(c)3 organization and receives no financial support from federal, state or county government.

CASH \$ _____ GOODS \$ _____

CHECK \$ _____ CHECK # _____

(DESCRIPTION OF GOODS)

If you are interested in collaborative opportunities or donating your time and expertise, please write us with your thoughts, call or email Frisky's.

We try very hard to use your contributions for the most urgent need at the time we receive them. If you would like to restrict this contribution for a specific project, please mark here. _____

NAME _____

ADDRESS _____

PHONE _____

With a donation, your name will be placed on our mailing list to receive The Rescue Record.

THANK YOU BRETT !!!

Last fall Brett Eisenberg came to Frisky's to discuss his Eagle Scout Project. After looking around he chose to build a Flight Cage. This was a much needed item at Frisky's. Of course No Eagle Scout Project is done alone. These projects are the vision of the potential Eagle Scout, but are completed with the help of other scouts and supervised by parents.

Every enclosure built at Frisky's have to serve more than one purpose. Because you never know what you are going to need it for when the time comes.

Our heartfelt thanks go out to Brett and his family for choosing Frisky's, he did a wonderful job.



Photo by Frisky's

ANGEL WING

I've learned quite a few (wild) life lessons since I began volunteering at Frisky's almost 3 years ago. One of those is how humans can often unknowingly adversely affect the lives of animals & birds in the wild.

Colleen and I were recently discussing the geese that are brought to Frisky's each season with "Angel Wing". A pretty name for a very disabling condition for geese and ducks. A bird affected with "angel wing" cannot fly. The wing is malformed and sticks out from the bird's side. There is no cure and it cannot be fixed. The saddest part is that this condition is caused by these birds being fed improper food in the wild by people. How often have we gone to our local pond to feed the ducks & geese bread, or crackers, thinking we are helping them by feeding them? Well unfortunately this type of processed people food has no nutritive value for the birds and can cause a lot of harm. They may eat less of the needed natural foods, and end up with birth defects such as "Angel Wing". Studies have shown that only geese & ducks living near human populations are affected.

So.... the next time I visit my local pond I will enjoy watching the beautiful birds, not feeding them, and will let them eat the foods nature intended. I hope anyone reading this is encouraged to share this information with others. As I've learned in these 3 years at Frisky's, we not



Photo by Frisky's

only are here to help the orphaned or injured wildlife, but to also help educate the public, and pass on information, as always, that will help protect animals & birds in the wild.

I look forward to many more years & lessons learned with Colleen at Frisky's.

Pattie Bontz - Apprentice Volunteer

REFLECTIONS:

What I've Learned From Living with Monkeys



1. Holding a grudge never makes you feel better.
2. It's important to make sure your roommates have proper hygiene (groom them if necessary).
3. You can ask for comfort when you need it.
4. Teasing is not only okay, it's necessary.
5. Dance! No matter how silly you look.
6. Eating food off the ground won't kill you.
7. It's okay to be openly affectionate.
8. Friends don't always have to say the right thing (or anything), just being there is enough.

Marjorie Clemens July 2009

REST IN PEACE SCOTTY, JR.



One of the permanent primate residents of Frisky's Wildlife & Primate Sanctuary, Scotty Jr., passed away on Friday, July 17, 2009. Scotty Jr. was a male Vervet Guenon born on 10/03/1995. Scotty Jr. died from complications of long term diabetes. Unfortunately, Scotty collapsed and stopped breathing just as he was being transported to the veterinary hospital for a check-up. Scott Robbins, Vice President of Frisky's, performed CPR on him but was informed by the veterinarian over the telephone to discontinue his efforts after 20 minutes. He is survived by his lifetime friend and roommate, Diana (born 7/02/1991).

PRIMATE PROFILE



CoCo

MALE/ RHESUS MACAQUE

D.O.B 11/15/86

ARRIVAL DATE: SEPTEMBER 23, 1996

Coco came to Frisky's when his owner developed MS and could no longer take care of him and his friend Bojangles. Both had health issues when they arrived. Coco had diabetes, Bojangles had seizures. Bojangles passed away several years ago.

Coco is special, he is Insulin Dependant. He receives injections 2x a day by his private nurse Colleen.

Coco is very reserved, he normally takes life pretty easy. He enjoys just sitting in his outdoor chair and watching the world pass by him. There are plenty of foods that Coco likes, but because of his diabetes he has to watch his diet.



Photo by Frisky's



Photo by Frisky's

She came to Frisky's with Trapper Bob. A small bundle of fur, scared and cold. She looked like a puppy, small round face, flat ears, brown and furry, with a small white tip on her tail. But she wasn't a puppy she was a Red Fox Kit. We call her FoxA.

Too small to eat regular food, she was bottle-fed for a couple weeks. Slowly we started soaking dry food, we added formula, and to that finely diced cooked chicken and cooked eggs.

Soon she started to lose her puppy look, and started to take on the tell tale signs of being a fox. First, her black sox appeared. Then her ears started standing up, her color was changing to red and

her snout grew long and pointed. She now looked like a Red Fox, only in miniature.

She was beautiful, but we now had a dilemma. We only had FoxA, and it is not good to raise Foxes alone, they are very social. In a matter of days our little FoxA had fox friends, FoxB (female) and then a few days later FoxC (male). These babies were all orphaned separately, but they have formed a family of their own.

For Matt and I this is our favorite time of year. For those of you that know us, next to the Coatimundi (Katia and Weeble) the Foxes are our favorites. As much as we enjoy raising them, and

teaching them to be foxes, it is always a little sad for us to have to do it. Their mothers would do a much better job. Although it is a joy, we feel that it is an absolute privilege to raise them to be a productive part of their society. After all that is what Rehabilitation is.

By the time you read this, we will have already released the foxes. It was a day of mixed emotions. We were happy and sad all at the same time. We would miss them, but they were happy, healthy and most important they are "free".

You see there is nothing more breath taking than the Beauty and Grace of a Fox in the wild.

YARD SALE HERO

At the base of the front porch of the Frisky's Sanctuary entrance, stands a statue of St. Francis of Assisi, the Patron Saint of Animals and the Environment. It was a donation to Frisky's a couple of years ago.

In Jewish folklore, there are thirty-six hidden saints called the Lamed Vov. Unlettered and insignificant, they work at humble trades and pass unnoticed. Because of these anonymous saints, the world continues to exist.

In *My Grandfathers Blessings* by Rachel Naomi Remen, M.D., Rachel recalls her grandfather telling her the story of these humble saints in this way:

Only God knows who the Lamed-Vovniks are. Even the Lamed-Vovniks themselves do not know for sure the role they have in the continuation of the world, and no one else knows it either. They respond to suffering, not in order to save the world but simply because the suffering of others touches and matters to them.

In this story, God tells us that he will allow the world to continue as long as at any given time there is a minimum of thirty-six good people in the human race.

Well at Frisky's, we are blessed to have some of these really good people as our volunteers. And of course, they don't consider themselves heroes, but we do. Janet Styles worked for 4 months to ensure that the Frisky's 2009 Annual Garage/Yard Sale was one of our biggest fundraising events ever, bringing in \$7,000 to help care for the more than 1,400 animals that Frisky's cares for each year. For 2 months before the sale, starting in February, she came several hours per week to work at sorting, organizing, and pricing the donations that were com-

ing in faster than her frozen hands could work. By March, she was planning and organizing in her dreams. When the day light hours hit, she was up at Frisky's. For every Saturday and Sunday in April from 8:30 am to 3:30 pm, Janet was there running the cash register, helping people find things, and matching people up to the right pair of shoes, book, or lamp. During the week, as donations continued to arrive, Janet was there to unpack and make space for it all. During the month of May, she was there several times per week to sort out what should be kept for next year and taking items that did not sell to charities in need. She even set up a Frisky's table at a couple of other community yard sales in May. Frisky's Annual Garage/Yard Sale Fundraiser is held every Saturday and Sunday in April from 9:00 am – 5:00 pm. We will begin collecting items for the April 2010 Fundraiser in January. They may be dropped off at the Sanctuary. And if you stop to give St. Francis a blessing, please give one to Janet, too.



Janet Styles

WHAT FRISKY'S HAS TAUGHT ME By Micah Miles

COMMUNITY SERVICE has been a vital and essential facet of my life for as long as I can remember. I plan on attending veterinary school when I graduate from college and to do that, I have to be experienced, intellectual, and prepared for a lifetime of interaction with animals. Veterinary school is FAR more competitive than most medical schools and that means that in order to stand out and be recognized I have to do some amazing things. My school's National Honor Society also requires 60 hours of community service so I was looking for a way to solve both problems with just one solution. My answer? Frisky's.

For the 17+ years that I have lived in Howard County I had NEVER even heard of Frisky's or the amazing work that they do. But all that changed when I first set foot on Mrs. Colleen's yard. That house has a diversity of wildlife rivaled only by a city zoo, the backyard has enough animals to fill a book, and the people who work there have enough caring and compassion to end wars and save lives.

One of the many things that never ceases to amaze me about Frisky's is the volume of animals that not only enters the Sanctuary but also the volume that leaves it, healthy, whole, and prepared for life in the wild. The volunteers at Frisky's are the epitome of the term Master Rehabilitator. They're informed enough to know just what each animal needs in order to be able to survive on their own, and when they don't know just what to do, they gain access to resources that can help them save an animal's life. What more could an injured animal ask for?

When I first walked through that door, I had no idea what to expect. All I knew was that they had monkeys (and lots of them from what I saw on the website) but I soon learned that while the Primate portion is key to what makes Frisky's Frisky's, the rehabilitation part is what makes them an excellent place to learn about and interact with



Micah Miles • Photo by Frisky's

a huge range of different animal groups and species. From Frisky's I have learned more about animal behavior than I learned in an entire year's worth of Biology GT. And I can honestly consider myself a better person and a more prepared student as a result of my time spent at Frisky's.

Frisky's Wildlife and Primate Sanctuary is an astonishing place where everyone makes a difference. Everyday that I volunteer there I learn something new, experience something different and interact with people who share my interests and share in my desire to help the wildlife around me. Here at Frisky's: "Every individual matters. Every individual has a role to play. Every individual makes a difference" ~Jane Goodall

FRIENDS “ON PURPOSE” RAISE FUNDS FOR FRISKY’S

Friends from “On Purpose” Raise Funds for Frisky’s Heather Wandell, Director of Community Outreach at Frisky’s (author of the monthly column, *Monkey Business—Better Business Practices Learned Through Monkeys*) met Dana Knighten, co-founder of The Baltimore Women’s Writing Center, at Frisky’s Sanctuary on July 2 this year to give Dana a tour of the facility. Although this was Heather’s and Dana’s first in-person meeting, they were already friends who had much in common. Both share a lifelong commitment to wildlife, and both are members of On Purpose Networking (OPN) for Women, an organization that grew out of founder Ginny Robertson’s business, Live Your Life On Purpose.

Ginny Robertson founded OPN in March 2000 and currently holds meetings in Anne Arundel County, Baltimore County, Howard County, Montgomery County, and Harford County. Women can attend meetings in just one or all of the counties. Ginny is also co-host of the radio show Woman Talk Live with Ann Quasman (which airs on Saturdays from 6 to 7 pm on TalkRadio 680 WCBM Baltimore) and a generous supporter of Frisky’s. Robertson is proactive at connecting her members through social networking as well. Heather and Dana attend different county meetings of OPN, and although they had not met in person prior to July 2, they had already become friends through Facebook. It was when the “25 Random Things About Me” craze swept through Facebook that Heather and Dana realized that they were “friends who had not yet met,” both discovering that they were OPN members and that they shared a respect and passion for nature.

Soon after their Facebook meeting, Dana became a friend of the Frisky’s Facebook group (<http://www.facebook.com/home.php?#/group.php?gid=46701503159>). When Dana

read that Frisky’s biggest financial supporter had just lost his job to company cutbacks, Dana offered to facilitate a nature journaling group as a fundraiser for Frisky’s. And the kindness doesn’t stop there—as soon as Dana’s business partner, Nancy Evans, heard the idea, she offered herself to the cause as well. Please read on about these wonderful women, and please do join this powerful and loving fundraiser for Frisky’s!

Dana Knighten, CJF (2009), is passionate about using journaling for self-exploration, creativity, and health and wellness enhancement. A dedicated journal writer herself for almost 30 years, Dana is a published poet and an awarded creative nonfiction writer. Much of Dana’s writing focuses on the natural world, with themes from biology and ecology interwoven throughout her work.



Nancy Evans, M.A., CJF (2009), draws inspiration from the body and began her journal writing practice twenty years ago to help her come to terms with her infertility diagnosis. That life-changing event inspired her primary career in health science publishing and a secondary career as a massage therapist.



As the founding partners of the Baltimore Women’s Writing Center (BWWC), Dana and Nancy deliver powerful and often life-changing experiences for people. They co-create and co-facilitate a broad spectrum of programs and work with both groups and individuals to create unique, empowering experiences. Some of their new

collaborative work for 2009 focuses on teaching people to use a variety of simple journaling and art techniques to explore topics ranging from health and wellness to body image, spirituality, personal growth, and mindful living.

Both Dana and Nancy are certified instructors of the Journal to the Self® workshop and will complete their Certified Journal Facilitator (CJF) training through the Center for Journal Therapy in Denver in 2009.

Please join us for this fabulous Nature Journaling Fundraiser!

WILD AT HEART: A Nature Journaling Workshop to Benefit Frisky’s Wildlife and Primate Sanctuary, Inc.

When:
Sunday, September 27, 2009
Noon - 3 p.m.

Where:
**Frisky’s Wildlife and
Primate Sanctuary, Inc.**
10790 Old Frederick Road
Woodstock, MD 21163

*(one driveway past the snowball stand
on the corner of Woodstock Road)*

Minimum donation:
\$50 per person

To register, contact
Heather Wandell at 410-461-5309

Join Dana Knighten and Nancy Evans of the Baltimore Women’s Writing Center (<http://www.facebook.com/l;/www.baltimorewwc.org>) in exploring our deep connection with wild animals through art and writing. A 1-hour tour of Friskys facility will be followed by a 90-minute workshop in which participants will have an opportunity to experience and explore their own personal connection with wildlife through journaling, collage, and sharing. All proceeds benefit Frisky’s in helping to sustain its dedication to caring for wild animals.

Please dress comfortably and bring a journal.

Limit: 20 participants

MONKEY BUSINESS

Better Business Practices Learned Through Monkeys • Metaphors



Heather Wandell

Willie puts his monkey chow biscuits into a film canister and chews on the film canister until the biscuit crumbles. He then dumps out the crumbs and eats them. You see, Willie (a 9 lb. Wedge Capped Capuchin monkey), has no canines. Rather than give up eating the biscuits, he got creative. Peanut Butter has a similar story. In 1890, a St. Louis physician encouraged the owner of a food products company to process and package ground peanut paste as a nutritious protein substitute for people with poor teeth who couldn’t chew meat.

But Willie isn’t the only clever monkey at Frisky’s. Isadora makes a hammock out of a sheet by weaving ends through the chain link fence so she can lay in it. The Capuchin monkeys will lasso a runaway grape with a sheet or a towel, if it has landed outside their enclosure. We have seen both Kiko (a Rhesus Macaque) and Grisha (a Geoffrey Marmoset monkey), use a mirror to see around corners.

If you think about it, often when you are out of something or don’t have the money for something, this can be great fuel for creativity. When we have everything we could possibly need right at our fingertips, our mind has no need to stretch. It can become lazy. I don’t know about you, but I would be hard pressed to figure out a mathematical problem using long division any more. I nearly have a breakdown if the calculator goes missing from the kitchen drawer.

When we want a different result, we can put our thinking caps on and use the creative powers that are our birth right. My Dad and I were on our Annual Father/Daughter Day trip to see a couple of beautiful buildings down in Washington, DC, that I had never been inside of before. While touring the Folger Shakespeare Library, we were invited to step into the Shakespeare theatre, which is designed to look like theatre would have looked in young William’s day. We were invited to sit down and watch the middle school students who were there on a field trip that day. We were delighted to watch creativity unfold on stage from these young and brilliant minds. They were each given a turn to walk across the stage holding an object. The one that sticks in my mind is the pencil. In their

best Shakespearean language, they were to say “tis not a pencil; tis a (fill in the blank).” How about “tis not a pencil; tis a drapery rod for a faerie.” Set up a stage and try this one at work.

Ok, so you have every high tech gadget and piece of equipment you need to get your work done—and yet, you still feel stagnant. Below are some simple, yet brilliant ideas to help new ideas take form.

“At the end of a winding street in the Berkeley hills, is a bag of old Scrabble tiles that is changing the world. It’s amazing how many important-sounding words can be made up by grabbing letters out of the bag and playing around with them. When “tivo” came out of the bag 10 years ago, it didn’t mean anything. Now TiVo means nothing less than the future of television.”

“Michael Cronan made that word up, using his imagination and the Scrabble tiles. Cronan makes up words for a living. He also designs product brands to go with the made up words. He’s what’s known in the design industry as a “brandparent” (San Francisco Chronicle, June 26, 2009, Steve Rubenstein, *How Michael Cronan Spells Success*).

Juanita Weaver, Creativity Consultant and Coach, suggests using metaphors (comparing your situation to something else), to get creative ideas flowing.

“Let’s say you want to increase sales and are having trouble coming up with any good strategies. If you choose to use the metaphor technique you might ask how is selling my product or service like doing stand-up comedy or baking a cake. You will be amazed how quickly you arrive at some innovative solutions.

Choose an object or an action. Metaphors depicting an action are usually more evocative and activities you have some emotional relation to, whether it’s good or bad, are even more powerful. If you have a hard time coming up with an idea for a metaphor, try one of the following examples: going on a diet, running for political office, riding a bike, running a day-care center, courting a woman, disciplining a child. But remember anything will do; don’t get hung up on trying to get the best metaphor.” (http://www.score.org/article_how_to_creativity.html)

Frisky’s Creative Consulting Firm, Willie (CEO), Isadora(President), and Creative Partners Kiko and Grisha, are not available by phone or e-mail. But, I will keep you posted on their next creative venture.



Grisha

Isadora
“Tis not an apple...”

Kiko

Willie

Heather Wandell is a Certified Laughter Leader with the World Laughter Tour and is the CEO of her own company, Another Way To See It (www.anotherwaytoseeit.com). Heather is also the Director of Community Outreach at Frisky’s Wildlife and Primate Sanctuary in Woodstock, MD (www.friskys.org). She can be reached at haw@anotherwaytoseeit.com. Please e-mail Heather if you would like to receive this column monthly by e-mail. Copyright © Another Way To See It 2009.

Whether they're a guest or a long-time resident...



Layout by Marjorie Clemens, July 2009



...the animals at Frisky's know how to have a good time!